

CERTIFICATE

OF PARTICIPATION

This is to certify that

Lanel van Nieuwenhuizen

Has successfully participated & completed the

10km Four Seasons @ the Cowhouse - Winter

held at Cowhouse Market.

TIME 01:08:56

PACE 06:52/km

OVERALL 35 of 51

GENDER 16 of 28

OPEN 8 of 11

27 July 2019, Sat

Date



